

2. 民國93年糧食平衡表

人口數：22,575,033人
單位：千公噸

| 產 品 別 | 國內生產量 Domestic production | 國 際 貿 易 Foreign trade | | 存貨變動量 Change in stock | 國內供給量 Domestic supply | 國 飼料用 Feed |
|-----------------------|---------------------------------|--------------------------|---------------|-----------------------------|-----------------------------|------------------|
| | | 進口量 Import | 出口量 Export | | | |
| 1. 穀 類 | 1,273.6 | 6,559.2 | 127.4 | -91.6 | 7,781.6 | 4,989.5 |
| (1) 米 | 1,164.6 | 201.9 | 75.7 | -46.9 | 1,322.4 | 3.5 |
| (2) 小 麥 | 0.2 | 1,155.4 | 31.7 | -179.7 | 1,303.7 | 31.1 |
| (3) 玉 米 | 95.0 | 4,891.4 | 2.4 | 135.1 | 4,848.9 | 4,737.3 |
| (4) 高 粱 | 12.8 | 51.9 | 0.0 | ... | 64.7 | 38.8 |
| (5) 其 他 | 1.0 | 258.6 | 17.6 | ... | 242.0 | 178.8 |
| 2. 薯 類 | 233.6 | 1,481.7 | 29.0 | 36.8 | 1,649.5 | 104.7 |
| (1) 甘 藷 | 175.4 | 0.0 | - | - | 175.4 | 96.5 |
| (2) 樹 薯 | 1.2 | 1,272.2 | 12.7 | 58.2 | 1,202.4 | 8.2 |
| (3) 馬 鈴 薯 | 36.3 | 200.4 | 1.0 | -21.4 | 257.2 | - |
| (4) 其 他 | 20.7 | 9.0 | 15.3 | - | 14.4 | - |
| 3. 糖 及 蜂 蜜 | 116.2 | 804.6 | 18.8 | ... | ... | ... |
| (1) 糖 | 111.2 | 802.2 | 17.2 | ... | ... | ... |
| (2) 蜂 蜜 | 5.0 | 2.4 | 1.6 | - | 5.8 | - |
| 4. 子 仁 及 油 籽 類 | 76.3 | 2,206.8 | 9.1 | -71.3 | 2,345.2 | - |
| (1) 大 豆 | 0.3 | 2,030.3 | 5.9 | -71.3 | 2,095.9 | - |
| (2) 花 生 | 68.3 | 8.0 | 0.2 | - | 76.1 | - |
| (3) 芝 麻 | 0.5 | 40.7 | 0.0 | - | 41.2 | - |
| (4) 其 他 | 7.2 | 127.8 | 3.0 | - | 132.0 | - |
| 5. 蔬 菜 類 | 2,626.1 | 301.4 | 91.6 | - | 2,835.8 | - |
| (1) 葉 菜 類 | 925.8 | 23.8 | 4.4 | - | 945.2 | - |
| (2) 根 菜 類 | 236.9 | 30.1 | 23.0 | - | 244.0 | - |
| (3) 莖 菜 類 | 813.1 | 109.8 | 11.1 | - | 911.8 | - |
| (4) 花 果 菜 類 | 622.5 | 124.8 | 42.7 | - | 704.5 | - |
| (5) 菇 類 | 27.8 | 12.9 | 10.4 | - | 30.4 | - |
| 6. 果 品 類 | 3,094.5 | 522.8 | 138.7 | - | 3,478.6 | - |
| (1) 香 蕉 | 189.9 | 0.2 | 18.1 | - | 171.9 | - |
| (2) 鳳 梨 | 458.5 | 35.8 | 4.1 | - | 490.2 | - |
| (3) 柑 桔 類 | 547.8 | 57.6 | 40.8 | - | 564.7 | - |
| (4) 瓜 果 類 | 436.1 | 2.7 | 0.0 | - | 438.7 | - |
| (5) 其 他 | 1,462.2 | 426.5 | 75.7 | - | 1,813.0 | - |
| 7. 肉 類 | 1,635.7 | 265.0 | 5.0 | 3.3 | 1,892.5 | - |
| (1) 豬 肉 | 935.5 | 86.0 | 2.4 | 3.3 | 1,015.8 | - |
| (2) 牛 肉 | 5.1 | 67.5 | 0.3 | - | 72.3 | - |
| (3) 羊 肉 | 2.8 | 33.2 | - | - | 36.0 | - |
| (4) 家 禽 肉 | 692.3 | 74.4 | 2.2 | - | 764.5 | - |
| (5) 其 他 | ... | 3.9 | - | - | 3.9 | - |
| 8. 蛋 類 | 414.9 | 0.3 | 0.9 | - | 414.4 | - |
| 9. 水 產 類 | 1,291.5 | 159.5 | 632.6 | - | 818.1 | 29.6 |
| (1) 魚 類 | 1,075.0 | 76.0 | 592.0 | - | 558.7 | 29.6 |
| (2) 蝦 蟹 類 | 49.3 | 17.7 | 2.6 | - | 64.4 | - |
| (3) 頭 足 類 | 76.5 | 12.6 | 32.1 | - | 57.1 | - |
| (4) 貝 介 類 | 62.9 | 32.3 | 0.9 | - | 94.3 | - |
| (5) 其 他 | 14.0 | 16.2 | 2.5 | - | 27.7 | - |
| (6) 乾 漬 | 13.7 | 4.7 | 2.5 | - | 15.9 | - |
| 10. 乳 品 類 | 344.5 | 145.6 | 1.3 | -0.2 | 489.0 | - |
| (1) 鮮 奶 | 344.5 | 11.1 | 0.0 | - | 355.7 | - |
| (2) 奶 粉 | ... | 92.1 | 0.8 | -0.2 | 91.5 | - |
| (3) 其 他 | ... | 42.3 | 0.5 | - | 41.8 | - |
| 11. 油 脂 類 | 350.5 | 370.4 | 22.3 | 4.5 | 694.0 | 48.5 |
| (1) 植 物 油 脂 | 310.0 | 247.5 | 10.3 | 4.5 | 542.7 | - |
| a. 大 豆 油 | 285.8 | 47.1 | 2.6 | 4.5 | 325.8 | - |
| b. 花 生 油 | 8.1 | - | 0.1 | - | 8.0 | - |
| c. 芝 麻 油 | 13.2 | 1.0 | 5.6 | - | 8.5 | - |
| d. 其 他 | 3.0 | 199.4 | 2.0 | - | 200.3 | - |
| (2) 動 物 油 脂 | 40.4 | 122.9 | 12.0 | - | 151.4 | 48.5 |
| a. 豬 油 | 40.4 | 13.8 | 7.0 | - | 47.2 | 12.1 |
| b. 奶 油 | ... | 18.8 | 3.4 | - | 15.4 | - |
| c. 其 他 | ... | 90.3 | 1.6 | - | 88.8 | 36.3 |
| 合 計 | | | | | | |
| 12. 酒 類(參考) | 4,230.9 | 1,327.8 | ... | ... | 5,400.8 | - |
| 合 計(含酒類) | | | | | | |

2. Food Balance Sheet, 2004

Population : 22,575,033
Units : 1,000 metric tons

| 種 用 Seed | 加 工 用 Manufacture | 損 耗 量 Waste | 內 供 給 量 分 配 Disposal of domestic supply | | | Category |
|-------------|----------------------|----------------|--|-------------------------------|--------------------------|---------------------------------------|
| | | | 糧食毛 供給量 Food (gross) | 食用率 Extraction rate (%) | 糧食純 供給量 Food (net) | |
| 12.1 | 193.2 | 40.5 | 2,546.3 | 81.3 | 2,071.4 | 1. Cereals |
| 11.6 | 48.7 | 12.7 | 1,245.8 | 88.0 | 1,096.3 | (1) Rice |
| 0.0 | 64.4 | 24.2 | 1,184.1 | 73.5 | 870.3 | (2) Wheat |
| 0.5 | 15.0 | 2.9 | 93.2 | - | 93.2 | (3) Corn |
| 0.0 | 25.8 | - | - | 85.0 | - | (4) Sorghum |
| 0.0 | 39.2 | 0.7 | 23.3 | 50.0 | 11.6 | (5) Others |
| 1.6 | 32.7 | 90.4 | 1,420.1 | 34.1 | 484.5 | 2. Starchy roots |
| 0.2 | 26.3 | 4.7 | 47.7 | - | 47.7 | (1) Sweet Potatos |
| - | 6.4 | 59.4 | 1,128.5 | 18.0 | 203.1 | (2) Cassava |
| 1.3 | - | 25.6 | 230.3 | - | 230.3 | (3) Potatoes |
| - | - | 0.7 | 13.7 | 25.0 | 3.4 | (4) Others |
| - | 2.4 | - | 555.8 | - | 555.8 | 3. Sugars & honey |
| - | 2.4 | - | 550.0 | - | 550.0 | (1) Sugars |
| - | - | - | 5.8 | - | 5.8 | (2) Honey |
| 7.4 | 1,743.3 | 17.8 | 576.7 | 98.2 | 566.1 | 4. Pulses and oilseeds |
| 2.5 | 1,681.3 | 12.4 | 399.8 | - | 399.8 | (1) Soybeans |
| 3.3 | 29.1 | 1.3 | 42.4 | 75.0 | 31.8 | (2) Peanuts |
| 0.0 | 32.9 | 0.2 | 8.0 | - | 8.0 | (3) Sesame |
| 1.6 | - | 3.9 | 126.5 | - | 126.5 | (4) Others |
| 8.0 | - | 282.8 | 2,545.1 | - | 2,545.1 | 5. Vegetables |
| - | - | 94.5 | 850.6 | - | 850.6 | (1) Green leafy |
| - | - | 24.4 | 219.6 | - | 219.6 | (2) Roots |
| 8.0 | - | 90.4 | 813.4 | - | 813.4 | (3) Bulbs & tubers |
| - | - | 70.4 | 634.0 | - | 634.0 | (4) Flowers & fruits |
| - | - | 3.0 | 27.3 | - | 27.3 | (5) Mushrooms |
| - | 1.5 | 347.7 | 3,129.4 | - | 3,129.4 | 6. Fruits |
| - | - | 17.2 | 154.7 | - | 154.7 | (1) Bananas |
| - | - | 49.0 | 441.2 | - | 441.2 | (2) Pineapples |
| - | - | 56.5 | 508.2 | - | 508.2 | (3) Citrus |
| - | - | 43.9 | 394.9 | - | 394.9 | (4) Melons |
| - | 1.5 | 181.2 | 1,630.4 | - | 1,630.4 | (5) Others |
| - | 89.8 | 37.9 | 1,764.9 | - | 1,764.9 | 7. Meat |
| - | 89.8 | 20.3 | 905.7 | - | 905.7 | (1) Pork |
| - | - | 1.4 | 70.8 | - | 70.8 | (2) Beef |
| - | - | 0.7 | 35.3 | - | 35.3 | (3) Mutton |
| - | - | 15.3 | 749.2 | - | 749.2 | (4) Poultry |
| - | - | 0.1 | 3.8 | - | 3.8 | (5) Others |
| - | - | 8.3 | 406.1 | - | 406.1 | 8. Eggs |
| - | 38.2 | 37.5 | 712.7 | - | 712.7 | 9. Fish & sea food |
| - | 16.0 | 25.7 | 487.4 | - | 487.4 | (1) Fish |
| - | 14.4 | 2.5 | 47.5 | - | 47.5 | (2) Shrimps & crabs |
| - | 7.7 | 2.5 | 46.9 | - | 46.9 | (3) Cephaopodas |
| - | - | 4.7 | 89.6 | - | 89.6 | (4) Shell fish |
| - | 0.1 | 1.4 | 26.2 | - | 26.2 | (5) Others |
| - | - | 0.8 | 15.1 | - | 15.1 | (6) Dried (salted) |
| - | - | 3.6 | 485.4 | - | 485.4 | 10. Milk |
| - | - | 3.6 | 352.1 | - | 352.1 | (1) Fresh |
| - | - | - | 91.5 | - | 91.5 | (2) Powdered |
| - | - | - | 41.8 | - | 41.8 | (3) Others |
| - | 102.2 | 1.6 | 541.7 | - | 541.7 | 11. Oils and fats |
| - | 94.2 | 1.3 | 447.2 | - | 447.2 | (1) Vegetable |
| - | - | 1.0 | 324.8 | - | 324.8 | a. Soybean |
| - | - | 0.0 | 8.0 | - | 8.0 | b. Peanut |
| - | - | 0.0 | 8.5 | - | 8.5 | c. Sesame |
| - | 94.2 | 0.3 | 105.8 | - | 105.8 | d. Others |
| - | 8.1 | 0.3 | 94.6 | - | 94.6 | (2) Animal |
| - | 8.1 | 0.1 | 27.0 | - | 27.0 | a. Lard |
| - | - | 0.0 | 15.3 | - | 15.3 | b. Butter |
| - | - | 0.2 | 52.3 | - | 52.3 | c. Others |
| - | - | - | 5,400.8 | - | 5,400.8 | Grand total (1~11) |
| - | - | - | - | - | - | 12. Wine & beer(reference) |
| - | - | - | - | - | - | Grand total (1~12) |

2. 民國93年糧食平衡表(續)

人口數：22,575,033人

| 產品別 | 每人純糧食供給量 Per caput food supply | | 每人每日營養供給量 | | | | |
|-------------------|-----------------------------------|------------------------|-------------------------|---|--------------------|--------------------------------|-----------------------|
| | 每年 Per year (kg.) | 每日 Per day (gm.) | 熱量 Energy (kcal.) | 蛋白質 Protein (gm.) | 脂肪 Fat (gm.) | 碳水化合物 Carbohydrate (gm.) | 鈣 Calcium (mg.) |
| 1. 穀類 | 91.76 | 250.70 | 866.84 | 20.90 | 2.38 | 188.41 | 28.07 |
| (1) 米 | 48.56 | 132.68 | 464.00 | 8.63 | 0.92 | 105.29 | 9.24 |
| (2) 小麥 | 38.55 | 105.33 | 379.20 | 11.90 | 1.30 | 78.12 | 18.26 |
| (3) 玉米 | 4.13 | 11.28 | 18.39 | 0.21 | 0.10 | 3.99 | 0.31 |
| (4) 高粱 | - | - | - | - | - | - | - |
| (5) 其他 | 0.52 | 1.41 | 5.26 | 0.15 | 0.06 | 1.01 | 0.26 |
| 2. 薯類 | 21.46 | 58.64 | 115.23 | 0.77 | 0.14 | 27.72 | 11.73 |
| (1) 甘藷 | 2.11 | 5.77 | 6.44 | 0.05 | 0.02 | 1.48 | 1.77 |
| (2) 樹薯 | 9.00 | 24.58 | 86.54 | 0.02 | 0.05 | 21.63 | 9.15 |
| (3) 馬鈴薯 | 10.20 | 27.87 | 20.77 | 0.69 | 0.08 | 4.23 | 0.77 |
| (4) 其他 | 0.15 | 0.41 | 1.48 | 0.00 | 0.00 | 0.37 | 0.04 |
| 3. 糖及蜂蜜 | 24.62 | 67.26 | 248.65 | 0.01 | 0.00 | 64.23 | 9.88 |
| (1) 糖 | 24.36 | 66.56 | 246.47 | 0.01 | - | 63.67 | 9.88 |
| (2) 蜂蜜 | 0.26 | 0.70 | 2.18 | 0.00 | 0.00 | 0.56 | - |
| 4. 子仁及油籽類 | 25.08 | 68.51 | 221.54 | 17.19 | 10.80 | 15.68 | 142.93 |
| (1) 大豆 | 17.71 | 48.39 | 135.33 | 12.82 | 5.77 | 9.07 | 120.61 |
| (2) 花生 | 1.41 | 3.85 | 19.48 | 1.11 | 1.48 | 0.79 | 1.38 |
| (3) 芝麻 | 0.35 | 0.97 | 5.49 | 0.18 | 0.49 | 0.20 | 7.42 |
| (4) 其他 | 5.60 | 15.31 | 61.24 | 3.08 | 3.06 | 5.62 | 13.51 |
| 5. 蔬菜類 | 112.74 | 308.03 | 81.13 | 4.60 | 1.18 | 14.67 | 109.68 |
| (1) 葉菜類 | 37.68 | 102.95 | 16.49 | 1.15 | 0.30 | 2.80 | 64.79 |
| (2) 根菜類 | 9.73 | 26.58 | 8.29 | 0.26 | 0.11 | 1.72 | 6.68 |
| (3) 莖菜類 | 36.03 | 98.45 | 31.42 | 1.58 | 0.50 | 5.72 | 23.83 |
| (4) 花果菜類 | 28.09 | 76.74 | 24.48 | 1.58 | 0.28 | 4.38 | 14.32 |
| (5) 菇類 | 1.21 | 3.31 | 0.45 | 0.00 | 0.00 | 0.06 | 0.06 |
| 6. 果品類 | 138.62 | 378.75 | 134.11 | 2.25 | 0.74 | 33.32 | 30.07 |
| (1) 香蕉 | 6.85 | 18.73 | 10.57 | 0.15 | 0.02 | 2.75 | 0.58 |
| (2) 鳳梨 | 19.54 | 53.40 | 12.28 | 0.24 | 0.05 | 3.10 | 4.81 |
| (3) 柑桔類 | 22.51 | 61.51 | 17.94 | 0.37 | 0.10 | 4.29 | 10.65 |
| (4) 瓜果類 | 17.49 | 47.79 | 8.53 | 0.22 | 0.04 | 2.05 | 1.78 |
| (5) 其他 | 72.22 | 197.32 | 84.80 | 1.27 | 0.53 | 21.13 | 12.26 |
| 7. 肉類 | 78.18 | 213.60 | 373.63 | 26.11 | 29.07 | 0.33 | 7.09 |
| (1) 豬肉 | 40.12 | 109.61 | 198.25 | 14.23 | 15.24 | 0.19 | 5.58 |
| (2) 牛肉 | 3.14 | 8.57 | 17.49 | 0.97 | 1.48 | 0.08 | 0.35 |
| (3) 羊肉 | 1.56 | 4.27 | 4.65 | 0.44 | 0.31 | - | 0.19 |
| (4) 家禽肉 | 33.19 | 90.68 | 152.82 | 10.41 | 12.03 | 0.05 | 0.95 |
| (5) 其他 | 0.17 | 0.46 | 0.41 | 0.07 | 0.01 | 0.00 | 0.03 |
| 8. 蛋類 | 17.99 | 49.15 | 62.20 | 5.21 | 4.38 | 0.17 | 13.93 |
| 9. 水產類 | 31.57 | 86.26 | 65.51 | 9.48 | 2.55 | 0.79 | 26.76 |
| (1) 魚類 | 21.59 | 58.99 | 49.38 | 6.64 | 2.35 | 0.03 | 4.69 |
| (2) 蝦蟹類 | 2.10 | 5.75 | 3.12 | 0.66 | 0.03 | 0.06 | 2.40 |
| (3) 頭足類 | 2.08 | 5.67 | 3.33 | 0.74 | 0.02 | 0.04 | 0.33 |
| (4) 貝介類 | 3.97 | 10.85 | 5.20 | 0.84 | 0.05 | 0.36 | 4.59 |
| (5) 其他 | 1.16 | 3.17 | 0.49 | 0.04 | 0.01 | 0.09 | 2.35 |
| (6) 乾漬 | 0.67 | 1.83 | 3.98 | 0.57 | 0.10 | 0.20 | 12.41 |
| 10. 乳品類 | 21.50 | 58.75 | 84.46 | 5.40 | 3.78 | 7.31 | 190.00 |
| (1) 鮮奶 | 15.60 | 42.61 | 26.21 | 1.31 | 1.49 | 1.97 | 46.66 |
| (2) 奶粉 | 4.06 | 11.08 | 48.14 | 3.58 | 1.67 | 4.70 | 128.30 |
| (3) 其他 | 1.85 | 5.06 | 10.11 | 0.51 | 0.62 | 0.64 | 15.04 |
| 11. 油脂類 | 24.00 | 65.56 | 576.79 | 0.02 | 64.95 | 0.16 | 0.43 |
| (1) 植物油 | 19.81 | 54.12 | 477.82 | - | 54.06 | - | - |
| a. 大豆油 | 14.39 | 39.31 | 347.11 | - | 39.27 | - | - |
| b. 花生油 | 0.35 | 0.97 | 8.55 | - | 0.97 | - | - |
| c. 芝麻油 | 0.38 | 1.03 | 9.08 | - | 1.03 | - | - |
| d. 其他 | 4.69 | 12.81 | 113.08 | - | 12.79 | - | - |
| (2) 動物油 | 4.19 | 11.44 | 98.97 | 0.02 | 10.89 | 0.16 | 0.43 |
| a. 豬油 | 1.19 | 3.26 | 28.97 | - | 3.24 | - | - |
| b. 奶油 | 0.68 | 1.85 | 12.59 | 0.01 | 1.33 | 0.16 | 0.43 |
| c. 其他 | 2.32 | 6.33 | 57.40 | 0.00 | 6.32 | - | - |
| 合計 | | | 2,830.08 | 91.94* | 119.98 | 352.79 | 570.56 |
| 12. 酒類(參考) | 23.92 | 65.37 | 52.33 | *含植物性蛋白質 45.72 公克及 動物性蛋白質 | | | |
| 合計(含酒類) | | | 2,882.40 | Including vegetable protein 45.72 grams | | | |

2. Food Balance Sheet, 2004 (Cont'd)

Population : 22,575,033

| Category | Per caput daily nutrients supply | | | | | | |
|---------------------------------------|----------------------------------|--------------------|-----------------------------|----------------------------|------------------------------|------------------------|--------------------------------|
| | 磷 Phosphorus (mg.) | 鐵 Iron (mg.) | 維生素A Vitamin A (i.u.) | 維生素B1 Thiamine (mg.) | 維生素B2 Riboflavin (mg.) | 菸鹼酸 Niacin (mg.) | 維生素C Ascorbic acid (mg.) |
| 1. Cereals | 244.79 | 1.40 | 1.40 | 0.33 | 0.10 | 3.32 | 0.52 |
| (1) Rice | 183.26 | 0.40 | - | 0.17 | 0.03 | 2.19 | - |
| (2) Wheat | 53.02 | 0.91 | - | 0.15 | 0.07 | 1.02 | - |
| (3) Corn | 5.55 | 0.05 | 1.39 | 0.00 | 0.00 | 0.06 | 0.49 |
| (4) Sorghum | - | - | - | - | - | - | - |
| (5) Others | 2.96 | 0.04 | 0.01 | 0.01 | 0.00 | 0.05 | 0.03 |
| 2. Starchy roots | 16.53 | 0.16 | 789.21 | 0.02 | 0.01 | 0.38 | 8.55 |
| (1) Sweet Potatos | 2.75 | 0.03 | 789.21 | 0.00 | 0.00 | 0.03 | 0.67 |
| (2) Cassava | 1.44 | - | - | 0.00 | - | 0.02 | 1.45 |
| (3) Potatoes | 12.31 | 0.13 | - | 0.02 | 0.01 | 0.33 | 6.41 |
| (4) Others | 0.03 | 0.00 | - | 0.00 | - | 0.00 | 0.02 |
| 3. Sugars & honey | 0.50 | 0.73 | - | - | 0.02 | 0.00 | 2.71 |
| (1) Sugars | 0.50 | 0.73 | - | - | 0.02 | 0.00 | 2.69 |
| (2) Honey | - | - | - | - | 0.00 | - | 0.02 |
| 4. Pulses and oilseeds | 258.19 | 4.03 | 42.87 | 0.27 | 0.12 | 0.89 | 0.78 |
| (1) Soybeans | 170.45 | 2.84 | 2.27 | 0.16 | 0.08 | 0.45 | - |
| (2) Peanuts | 20.09 | 0.13 | 0.11 | 0.05 | 0.00 | 0.14 | 0.05 |
| (3) Sesame | 5.78 | 0.16 | - | 0.01 | 0.00 | 0.05 | 0.01 |
| (4) Others | 61.86 | 0.90 | 40.48 | 0.06 | 0.04 | 0.26 | 0.72 |
| 5. Vegetables | 103.90 | 2.23 | 3,001.21 | 0.10 | 0.12 | 1.47 | 56.11 |
| (1) Green leafy | 28.58 | 0.99 | 1,543.25 | 0.01 | 0.03 | 0.36 | 22.62 |
| (2) Roots | 7.94 | 0.08 | 712.26 | 0.00 | 0.01 | 0.12 | 2.69 |
| (3) Bulbs & tubers | 35.77 | 0.57 | 416.58 | 0.04 | 0.04 | 0.43 | 9.69 |
| (4) Flowers & fruits | 30.57 | 0.58 | 328.42 | 0.04 | 0.04 | 0.51 | 21.12 |
| (5) Mushrooms | 1.04 | 0.01 | 0.69 | 0.00 | 0.00 | 0.04 | 0.00 |
| 6. Fruits | 46.87 | 0.61 | 895.58 | 0.07 | 0.13 | 1.03 | 76.12 |
| (1) Bananas | 2.55 | 0.03 | 2.71 | 0.00 | 0.00 | 0.05 | 1.16 |
| (2) Pineapples | 2.14 | 0.05 | 13.57 | 0.02 | 0.01 | 0.05 | 2.40 |
| (3) Citrus | 8.99 | 0.09 | 12.30 | 0.02 | 0.01 | 0.14 | 15.37 |
| (4) Melons | 4.67 | 0.08 | 170.05 | 0.01 | 0.00 | 0.07 | 3.03 |
| (5) Others | 28.52 | 0.35 | 696.95 | 0.02 | 0.10 | 0.73 | 54.16 |
| 7. Meat | 210.65 | 1.53 | 1,541.65 | 0.60 | 0.29 | 5.86 | 5.73 |
| (1) Pork | 140.73 | 0.94 | 1,360.95 | 0.52 | 0.19 | 2.69 | 1.00 |
| (2) Beef | 11.86 | 0.16 | 5.36 | 0.00 | 0.01 | 0.19 | 0.13 |
| (3) Mutton | 2.75 | 0.01 | 1.10 | 0.00 | 0.01 | 0.07 | - |
| (4) Poultry | 54.55 | 0.41 | 174.17 | 0.08 | 0.08 | 2.89 | 4.60 |
| (5) Others | 0.76 | 0.01 | 0.06 | 0.00 | 0.00 | 0.02 | 0.00 |
| 8. Eggs | 80.94 | 0.81 | 300.07 | 0.04 | 0.18 | 0.59 | - |
| 9. Fish & sea food | 106.57 | 1.02 | 121.63 | 0.02 | 0.09 | 2.24 | 0.55 |
| (1) Fish | 74.53 | 0.29 | 104.73 | 0.02 | 0.04 | 1.86 | 0.32 |
| (2) Shrimps & crabs | 8.29 | 0.04 | 1.55 | 0.00 | 0.01 | 0.10 | 0.06 |
| (3) Cephalopods | 6.40 | 0.03 | 0.55 | 0.00 | 0.00 | 0.11 | 0.00 |
| (4) Shell fish | 9.72 | 0.48 | 4.29 | 0.00 | 0.03 | 0.10 | 0.15 |
| (5) Others | 0.40 | 0.01 | 9.58 | - | 0.00 | 0.01 | 0.02 |
| (6) Dried (salted) | 7.23 | 0.18 | 0.92 | 0.00 | 0.01 | 0.06 | 0.00 |
| 10. Milk | 144.64 | 0.12 | 513.28 | 0.06 | 0.39 | 0.06 | 0.09 |
| (1) Fresh | 40.27 | 0.04 | 55.40 | 0.01 | 0.08 | 0.05 | 0.02 |
| (2) Powdered | 93.68 | 0.04 | 434.12 | 0.04 | 0.30 | - | - |
| (3) Others | 10.70 | 0.04 | 23.75 | 0.01 | 0.02 | 0.00 | 0.07 |
| 11. Oils and fats | 0.75 | 0.00 | 73.60 | 0.00 | 0.00 | 0.00 | - |
| (1) Vegetable | - | - | 11.65 | - | - | - | - |
| a. Soybean | - | - | 8.46 | - | - | - | - |
| b. Peanut | - | - | 0.21 | - | - | - | - |
| c. Sesame | - | - | 0.22 | - | - | - | - |
| d. Others | - | - | 2.76 | - | - | - | - |
| (2) Animal | 0.75 | 0.00 | 61.95 | 0.00 | 0.00 | 0.00 | - |
| a. Lard | - | - | 7.94 | - | - | - | - |
| b. Butter | 0.70 | 0.00 | 32.40 | 0.00 | 0.00 | - | - |
| c. Others | 0.04 | 0.00 | 21.61 | - | - | 0.00 | - |
| Grand total (1~11) | 1,214.34 | 12.65 | 7,280.49 | 1.52 | 1.46 | 15.85 | 151.16 |
| 12. Wine & beer(reference) | 46.22 公克 | | | | | | |
| Grand total (1~12) | and animal protein | 46.22 grams | | | | | |