

4. 民國91年糧食平衡表

4. Food Balance Sheet, 2002

人口數：22,396,420人
單位：千公噸Population:22,396,420
Units : 1,000 metric tons

| 產品別 | 國內生產量 Domestic production | 國際貿易 Foreign trade | | 存貨變動量 Change in stock | 國內供給量 Domestic supply | 國 飼料用 Feed |
|-------------------|---------------------------------|-----------------------|---------------|-----------------------------|-----------------------------|------------------|
| | | 進口量 Import | 出口量 Export | | | |
| 1. 穀類 | 1,604.6 | 6,742.5 | 166.5 | 301.8 | 7,863.5 | 5,150.7 |
| (1) 米 | 1,460.7 | 122.6 | 121.9 | 113.8 | 1,332.3 | 4.4 |
| (2) 小麥 | 0.3 | 1,210.2 | 26.3 | 34.0 | 1,150.1 | 29.1 |
| (3) 玉米 | 124.6 | 5,105.8 | 1.4 | 153.9 | 5,075.1 | 4,936.7 |
| (4) 高粱 | 17.9 | 45.5 | — | ... | 63.4 | 8.1 |
| (5) 其他 | 1.2 | 258.3 | 16.8 | ... | 242.7 | 172.4 |
| 2. 薯類 | 251.8 | 1,174.1 | 23.0 | -43.2 | 1,446.1 | 119.5 |
| (1) 甘藷 | 191.5 | — | 0.0 | — | 191.4 | 105.3 |
| (2) 樹薯 | 1.4 | 927.2 | 2.9 | -61.5 | 987.2 | 14.2 |
| (3) 馬鈴薯 | 38.3 | 240.9 | 1.6 | 18.3 | 259.3 | — |
| (4) 其他 | 20.6 | 6.0 | 18.5 | — | 8.1 | — |
| 3. 糖及蜂蜜 | 186.2 | 614.8 | 17.1 | ... | ... | ... |
| (1) 糖 | 183.0 | 612.4 | 16.8 | ... | ... | ... |
| (2) 蜂蜜 | 3.2 | 2.4 | 0.3 | — | 5.3 | — |
| 4. 子仁及油籽類 | 86.3 | 2,717.7 | 11.7 | 232.9 | 2,559.4 | — |
| (1) 大豆 | 0.4 | 2,536.9 | 7.8 | 232.9 | 2,296.5 | — |
| (2) 花生 | 77.5 | 8.1 | 0.3 | — | 85.2 | — |
| (3) 芝麻 | 0.5 | 37.4 | 0.0 | — | 37.9 | — |
| (4) 其他 | 8.0 | 135.4 | 3.6 | — | 139.8 | — |
| 5. 蔬菜類 | 2,852.3 | 271.5 | 84.8 | — | 3,039.0 | — |
| (1) 葉菜類 | 986.8 | 19.1 | 1.1 | — | 1,004.7 | — |
| (2) 根菜類 | 289.6 | 21.3 | 18.8 | — | 292.0 | — |
| (3) 莖菜類 | 829.4 | 102.5 | 13.8 | — | 918.1 | — |
| (4) 花果菜類 | 728.7 | 120.8 | 39.1 | — | 810.4 | — |
| (5) 菇類 | 17.8 | 8.0 | 12.0 | — | 13.8 | — |
| 6. 果品類 | 3,235.7 | 551.7 | 138.7 | — | 3,648.8 | — |
| (1) 香蕉 | 226.5 | 0.2 | 24.8 | — | 201.9 | — |
| (2) 鳳梨 | 416.3 | 32.9 | 1.3 | — | 447.9 | — |
| (3) 柑桔類 | 459.6 | 55.7 | 41.1 | — | 474.3 | — |
| (4) 瓜果類 | 583.1 | 1.9 | 0.1 | — | 584.8 | — |
| (5) 其他 | 1,550.3 | 461.1 | 71.5 | — | 1,939.8 | — |
| 7. 肉類 | 1,680.2 | 188.8 | 8.9 | -0.4 | 1,860.5 | — |
| (1) 豬肉 | 975.2 | 40.8 | 3.1 | -0.4 | 1,013.3 | — |
| (2) 牛肉 | 5.3 | 76.2 | 0.2 | — | 81.3 | — |
| (3) 羊肉 | 3.0 | 31.9 | — | — | 34.9 | — |
| (4) 家禽肉 | 696.7 | 34.7 | 5.7 | — | 725.7 | — |
| (5) 其他 | ... | 5.2 | — | — | 5.2 | — |
| 8. 蛋類 | 422.3 | 0.6 | 0.4 | — | 422.5 | — |
| 9. 水產類 | 1,407.8 | 177.3 | 661.6 | — | 923.5 | 34.9 |
| (1) 魚類 | 1,144.4 | 81.8 | 597.4 | — | 628.8 | 34.9 |
| (2) 蝦蟹類 | 35.1 | 26.7 | 8.5 | — | 53.3 | — |
| (3) 頭足類 | 128.6 | 10.4 | 43.5 | — | 95.5 | — |
| (4) 貝介類 | 66.7 | 28.4 | 2.3 | — | 92.8 | — |
| (5) 其他 | 21.6 | 13.7 | 1.9 | — | 33.4 | — |
| (6) 乾漬 | 11.5 | 16.2 | 8.0 | — | 19.7 | — |
| 10. 乳品類 | 380.9 | 148.4 | 1.4 | -0.0 | 527.9 | — |
| (1) 鮮奶 | 380.9 | 6.5 | 0.0 | — | 387.4 | — |
| (2) 奶粉 | ... | 104.8 | 0.9 | -0.0 | 103.9 | — |
| (3) 其他 | ... | 37.1 | 0.5 | — | 36.6 | — |
| 11. 油脂類 | 380.0 | 319.4 | 17.7 | -0.6 | 682.3 | 49.5 |
| (1) 植物油 | 337.9 | 200.3 | 7.9 | -0.6 | 530.9 | — |
| a. 大豆油 | 313.3 | 37.3 | 0.8 | -0.6 | 350.4 | — |
| b. 花生油 | 9.0 | — | 0.0 | — | 9.0 | — |
| c. 芝麻油 | 12.1 | 0.8 | 3.4 | — | 9.5 | — |
| d. 其他 | 3.4 | 162.2 | 3.7 | — | 162.0 | — |
| (2) 動物油脂 | 42.1 | 119.2 | 9.8 | — | 151.4 | 49.5 |
| a. 豬油 | 42.1 | 15.1 | 5.0 | — | 52.2 | 12.6 |
| b. 奶油 | ... | 18.4 | 3.6 | — | 14.8 | — |
| c. 其他 | ... | 85.7 | 1.3 | — | 84.4 | 36.9 |
| 合計 | 4,121.5 | 1,480.4 | ... | ... | 5,476.2 | ... |
| 12. 酒類(參考) | ... | ... | ... | ... | ... | ... |
| 合計(含酒類) | ... | ... | ... | ... | ... | ... |

| 種用 Seed | 內供給量分配 Disposal of domestic supply | | | | | Category |
|-------------|---------------------------------------|--------------|----------------------------|-------------------------------|--------------------------|---------------------------------------|
| | 加工用 Manufacture | 損耗量 Waste | 糧食毛 供給量 Food (gross) | 食用率 Extraction rate (%) | 糧食純 供給量 Food (net) | |
| 15.8 | 210.2 | 38.5 | 2,448.4 | 82.1 | 2,010.0 | 1. Cereals |
| 15.0 | 28.3 | 13.0 | 1,271.6 | 88.0 | 1,119.0 | (1) Rice |
| 0.0 | 65.4 | 21.1 | 1,034.4 | 73.5 | 760.3 | (2) Wheat |
| 0.7 | 15.0 | 3.7 | 119.0 | — | 119.0 | (3) Corn |
| 0.1 | 55.3 | — | — | 85.0 | — | (4) Sorghum |
| 0.0 | 46.1 | 0.7 | 23.5 | 50.0 | 11.7 | (5) Others |
| 1.8 | 39.7 | 79.4 | 1,205.7 | 37.4 | 450.5 | 2. Starchy roots |
| 0.3 | 28.7 | 5.2 | 52.0 | — | 52.0 | (1) Sweet Potatos |
| — | 11.0 | 48.1 | 914.0 | 18.0 | 164.5 | (2) Cassava |
| 1.5 | — | 25.8 | 232.0 | — | 232.0 | (3) Potatoes |
| — | — | 0.4 | 7.7 | 25.0 | 1.9 | (4) Others |
| — | 2.4 | — | 547.5 | — | 547.5 | 3. Sugars & honey |
| — | 2.4 | — | 542.3 | — | 542.3 | (1) Sugars |
| — | — | — | 5.3 | — | 5.3 | (2) Honey |
| 5.5 | 1,906.1 | 19.4 | 628.4 | 98.1 | 616.6 | 4. Pulses and oilseeds |
| 1.3 | 1,843.2 | 13.6 | 438.4 | — | 438.4 | (1) Soybeans |
| 3.8 | 32.6 | 1.5 | 47.4 | 75.0 | 35.5 | (2) Peanuts |
| 0.0 | 30.3 | 0.2 | 7.4 | — | 7.4 | (3) Sesame |
| 0.3 | — | 4.2 | 135.3 | — | 135.3 | (4) Others |
| 7.4 | — | 303.2 | 2,728.4 | — | 2,728.4 | 5. Vegetables |
| — | — | 100.5 | 904.3 | — | 904.3 | (1) Green leafy |
| — | — | 29.2 | 262.8 | — | 262.8 | (2) Roots |
| 7.4 | — | 91.1 | 819.6 | — | 819.6 | (3) Bulbs & tubers |
| — | — | 81.0 | 729.3 | — | 729.3 | (4) Flowers & fruits |
| — | — | 1.4 | 12.4 | — | 12.4 | (5) Mushrooms |
| — | 1.7 | 364.7 | 3,282.4 | — | 3,282.4 | 6. Fruits |
| — | — | 20.2 | 181.8 | — | 181.8 | (1) Bananas |
| — | — | 44.8 | 403.1 | — | 403.1 | (2) Pineapples |
| — | — | 47.4 | 426.8 | — | 426.8 | (3) Citrus |
| — | — | 58.5 | 526.3 | — | 526.3 | (4) Melons |
| — | 1.7 | 193.8 | 1,744.3 | — | 1,744.3 | (5) Others |
| — | 93.5 | 37.2 | 1,729.7 | — | 1,729.7 | 7. Meat |
| — | 93.5 | 20.3 | 899.5 | — | 899.5 | (1) Pork |
| — | — | 1.6 | 79.7 | — | 79.7 | (2) Beef |
| — | — | 0.7 | 34.2 | — | 34.2 | (3) Mutton |
| — | — | 14.5 | 711.2 | — | 711.2 | (4) Poultry |
| — | — | 0.1 | 5.1 | — | 5.1 | (5) Others |
| — | — | 8.5 | 414.0 | — | 414.0 | 8. Eggs |
| — | 37.9 | 42.5 | 808.2 | — | 808.2 | 9. Fish & sea food |
| — | 8.3 | 29.3 | 556.3 | — | 556.3 | (1) Fish |
| — | 16.8 | 1.8 | 34.7 | — | 34.7 | (2) Shrimps & crabs |
| — | 10.9 | 4.2 | 80.4 | — | 80.4 | (3) Cephalopods |
| — | — | 4.6 | 88.1 | — | 88.1 | (4) Shell fish |
| — | 2.0 | 1.6 | 29.9 | — | 29.9 | (5) Others |
| — | — | 1.0 | 18.7 | — | 18.7 | (6) Dried (salted) |
| — | — | 3.9 | 524.0 | — | 524.0 | 10. Milk |
| — | — | 3.9 | 383.5 | — | 383.5 | (1) Fresh |
| — | — | — | 103.9 | — | 103.9 | (2) Powdered |
| — | — | — | 36.6 | — | 36.6 | (3) Others |
| — | 70.1 | 1.7 | 561.0 | — | 561.0 | 11. Oils and fats |
| — | 61.7 | 1.4 | 467.8 | — | 467.8 | (1) Vegetable |
| — | — | 1.1 | 349.4 | — | 349.4 | a. Soybean |
| — | — | 0.0 | 9.0 | — | 9.0 | b. Peanut |
| — | — | 0.0 | 9.4 | — | 9.4 | c. Sesame |
| — | 61.7 | 0.3 | 100.0 | — | 100.0 | d. Others |
| — | 8.4 | 0.3 | 93.2 | — | 93.2 | (2) Animal |
| — | 8.4 | 0.1 | 31.1 | — | 31.1 | a. Lard |
| — | — | 0.0 | 14.7 | — | 14.7 | b. Butter |
| — | — | 0.1 | 47.4 | — | 47.4 | c. Others |
| — | — | — | 5,476.2 | — | 5,476.2 | Grand total (1~11) |
| — | — | — | — | — | — | 12. Wine & beer(reference) |
| — | — | — | — | — | — | Grand total (1~12) |

4. 民國91年糧食平衡表(續)

4. Food Balance Sheet, 2002 (Cont'd)

人口數：22,396,420人

Population:22,396,420

| 產品別 | 每人純糧食供給量 Per caput food supply | | 每人每日營養供給量 | | | | |
|-------------------|-----------------------------------|------------------------|-------------------------|---|--------------------|--------------------------------|-----------------------|
| | 每年 Per year (kg.) | 每日 Per day (gm.) | 熱量 Energy (kcal.) | 蛋白質 Protein (gm.) | 脂肪 Fat (gm.) | 碳水化合物 Carbohydrate (gm.) | 鈣 Calcium (mg.) |
| 1. 穀類 | 89.75 | 245.88 | 845.32 | 19.85 | 2.40 | 184.20 | 26.27 |
| (1) 米 | 49.96 | 136.88 | 480.68 | 8.93 | 1.07 | 108.85 | 9.49 |
| (2) 小麥 | 33.95 | 93.00 | 334.82 | 10.51 | 1.15 | 68.98 | 16.12 |
| (3) 玉米 | 5.31 | 14.55 | 24.46 | 0.26 | 0.12 | 5.35 | 0.39 |
| (4) 高粱 | — | — | — | — | — | — | — |
| (5) 其他 | 0.52 | 1.44 | 5.36 | 0.16 | 0.06 | 1.03 | 0.27 |
| 2. 薯類 | 20.11 | 55.10 | 99.93 | 0.78 | 0.14 | 23.87 | 10.25 |
| (1) 甘藷 | 2.32 | 6.36 | 7.10 | 0.06 | 0.02 | 1.64 | 1.95 |
| (2) 樹薯 | 7.35 | 20.12 | 70.84 | 0.02 | 0.04 | 17.71 | 7.49 |
| (3) 馬鈴薯 | 10.36 | 28.38 | 21.15 | 0.71 | 0.08 | 4.31 | 0.78 |
| (4) 其他 | 0.09 | 0.24 | 0.84 | — | — | 0.21 | 0.03 |
| 3. 糖及蜂蜜 | 24.45 | 66.98 | 247.64 | 0.01 | 0.00 | 63.97 | 9.84 |
| (1) 糖 | 24.21 | 66.34 | 245.64 | 0.01 | — | 63.46 | 9.84 |
| (2) 蜂蜜 | 0.23 | 0.64 | 2.00 | 0.00 | 0.00 | 0.52 | — |
| 4. 子仁及油籽類 | 27.53 | 75.42 | 243.76 | 18.94 | 11.91 | 17.15 | 156.73 |
| (1) 大豆 | 19.58 | 53.63 | 150.00 | 14.21 | 6.40 | 10.05 | 133.69 |
| (2) 花生 | 1.59 | 4.35 | 22.00 | 1.25 | 1.67 | 0.90 | 1.56 |
| (3) 芝麻 | 0.33 | 0.90 | 5.11 | 0.17 | 0.45 | 0.19 | 6.91 |
| (4) 其他 | 6.04 | 16.55 | 66.66 | 3.32 | 3.38 | 6.02 | 14.57 |
| 5. 蔬菜類 | 121.82 | 333.76 | 98.87 | 5.31 | 1.31 | 18.47 | 122.40 |
| (1) 葉菜類 | 40.38 | 110.62 | 17.86 | 1.20 | 0.32 | 3.07 | 68.26 |
| (2) 根菜類 | 11.73 | 32.15 | 10.15 | 0.31 | 0.13 | 2.10 | 8.12 |
| (3) 莖菜類 | 36.60 | 100.26 | 31.80 | 1.59 | 0.49 | 5.81 | 23.89 |
| (4) 花果菜類 | 32.56 | 89.22 | 38.68 | 2.17 | 0.36 | 7.44 | 22.08 |
| (5) 菇類 | 0.55 | 1.51 | 0.38 | 0.03 | 0.00 | 0.05 | 0.05 |
| 6. 果品類 | 146.56 | 401.53 | 140.63 | 2.37 | 0.80 | 34.88 | 29.22 |
| (1) 香蕉 | 8.12 | 22.23 | 12.54 | 0.18 | 0.03 | 3.27 | 0.69 |
| (2) 鳳梨 | 18.00 | 49.31 | 11.34 | 0.22 | 0.05 | 2.86 | 4.44 |
| (3) 柑桔類 | 19.06 | 52.22 | 15.29 | 0.31 | 0.08 | 3.65 | 8.61 |
| (4) 瓜果類 | 23.50 | 64.39 | 11.45 | 0.30 | 0.05 | 2.75 | 2.36 |
| (5) 其他 | 77.88 | 213.38 | 90.00 | 1.35 | 0.59 | 22.36 | 13.12 |
| 7. 肉類 | 77.23 | 211.59 | 371.23 | 25.86 | 28.93 | 0.34 | 7.11 |
| (1) 豬肉 | 40.16 | 110.03 | 199.01 | 14.28 | 15.30 | 0.20 | 5.60 |
| (2) 牛肉 | 3.56 | 9.75 | 19.89 | 1.10 | 1.68 | 0.09 | 0.39 |
| (3) 羊肉 | 1.53 | 4.19 | 4.56 | 0.43 | 0.30 | — | 0.18 |
| (4) 家禽肉 | 31.75 | 87.00 | 147.21 | 9.96 | 11.62 | 0.05 | 0.89 |
| (5) 其他 | 0.23 | 0.63 | 0.56 | 0.09 | 0.02 | 0.00 | 0.04 |
| 8. 蛋類 | 18.49 | 50.65 | 64.27 | 5.37 | 4.53 | 0.18 | 14.48 |
| 9. 水產類 | 36.08 | 98.86 | 72.66 | 10.77 | 2.42 | 1.61 | 25.98 |
| (1) 魚類 | 24.84 | 68.06 | 53.45 | 7.75 | 2.28 | 0.04 | 5.93 |
| (2) 蝦蟹類 | 1.55 | 4.24 | 2.31 | 0.49 | 0.02 | 0.05 | 0.05 |
| (3) 頭足類 | 3.59 | 9.84 | 5.78 | 1.30 | 0.04 | 0.07 | 0.53 |
| (4) 貝介類 | 3.94 | 10.78 | 4.87 | 0.77 | 0.05 | 0.34 | 4.95 |
| (5) 其他 | 1.33 | 3.66 | 0.56 | 0.04 | 0.01 | 0.10 | 2.72 |
| (6) 乾漬 | 0.84 | 2.29 | 5.69 | 0.42 | 0.04 | 1.01 | 10.13 |
| 10. 乳品類 | 23.40 | 64.10 | 92.91 | 6.00 | 4.10 | 8.12 | 211.77 |
| (1) 鮮奶 | 17.12 | 46.91 | 28.85 | 1.44 | 1.64 | 2.17 | 51.37 |
| (2) 奶粉 | 4.64 | 12.71 | 55.23 | 4.11 | 1.91 | 5.39 | 147.21 |
| (3) 其他 | 1.63 | 4.48 | 8.83 | 0.45 | 0.54 | 0.56 | 13.20 |
| 11. 油脂類 | 25.05 | 68.62 | 603.81 | 0.02 | 68.02 | 0.16 | 0.42 |
| (1) 植物油 | 20.89 | 57.22 | 505.21 | — | 57.16 | — | — |
| a. 大豆油 | 15.60 | 42.74 | 377.34 | — | 42.69 | — | — |
| b. 花生油 | 0.40 | 1.10 | 9.71 | — | 1.10 | — | — |
| c. 芝麻油 | 0.42 | 1.16 | 10.20 | — | 1.15 | — | — |
| d. 其他 | 4.46 | 12.23 | 107.96 | — | 12.21 | — | — |
| (2) 動物油脂 | 4.16 | 11.40 | 98.60 | 0.02 | 10.86 | 0.16 | 0.42 |
| a. 豬油 | 1.39 | 3.80 | 33.75 | — | 3.78 | — | — |
| b. 奶油 | 0.66 | 1.80 | 12.25 | 0.01 | 1.30 | 0.16 | 0.42 |
| c. 其他 | 2.12 | 5.80 | 52.61 | 0.00 | 5.79 | — | — |
| 合計 | | | 2,881.03 | 95.28* | 124.55 | 352.94 | 614.47 |
| 12. 酒類(參考) | 24.45 | 66.99 | 53.63 | *含植物性蛋白質 47.26 公克及 動物性蛋白質 | | | |
| 合計(含酒類) | | | 2,934.66 | Including vegetable protein 47.26 grams | | | |

| Per caput daily nutrients supply | | | | | | | Category |
|----------------------------------|--------------------|-----------------------------|----------------------------|------------------------------|------------------------|--------------------------------|---------------------------------------|
| 磷 Phosphorus (mg.) | 鐵 Iron (mg.) | 維生素A Vitamin A (i.u.) | 維生素B1 Thiamine (mg.) | 維生素B2 Riboflavin (mg.) | 菸鹼酸 Niacin (mg.) | 維生素C Ascorbic acid (mg.) | |
| 252.33 | 1.34 | 1.69 | 0.33 | 0.10 | 3.61 | 0.62 | 1. Cereals |
| 195.72 | 0.44 | — | 0.19 | 0.03 | 2.58 | — | (1) Rice |
| 46.81 | 0.81 | — | 0.14 | 0.06 | 0.90 | — | (2) Wheat |
| 6.78 | 0.06 | 1.68 | 0.00 | 0.01 | 0.08 | 0.59 | (3) Corn |
| — | — | — | — | — | — | — | (4) Sorghum |
| 3.02 | 0.04 | 0.01 | 0.01 | 0.00 | 0.06 | 0.03 | (5) Others |
| 16.77 | 0.16 | 870.57 | 0.02 | 0.01 | 0.39 | 8.47 | 2. Starchy roots |
| 3.04 | 0.03 | 870.57 | 0.00 | 0.00 | 0.03 | 0.75 | (1) Sweet Potatoes |
| 1.18 | — | — | 0.00 | — | 0.01 | 1.19 | (2) Cassava |
| 12.53 | 0.13 | — | 0.02 | 0.01 | 0.34 | 6.53 | (3) Potatoes |
| 0.02 | 0.00 | — | — | — | — | 0.01 | (4) Others |
| 0.50 | 0.73 | — | — | 0.02 | 0.00 | 2.70 | 3. Sugars & honey |
| 0.50 | 0.73 | — | — | 0.02 | 0.00 | 2.68 | (1) Sugars |
| — | — | — | — | — | — | 0.02 | (2) Honey |
| 284.29 | 4.42 | 44.85 | 0.30 | 0.14 | 0.98 | 0.82 | 4. Pulses and oilseeds |
| 188.93 | 3.15 | 2.51 | 0.17 | 0.08 | 0.49 | — | (1) Soybeans |
| 22.69 | 0.15 | 0.13 | 0.06 | 0.00 | 0.15 | 0.06 | (2) Peanuts |
| 5.38 | 0.15 | — | 0.01 | 0.00 | 0.05 | 0.01 | (3) Sesame |
| 67.29 | 0.97 | 42.21 | 0.06 | 0.05 | 0.29 | 0.76 | (4) Others |
| 121.36 | 2.45 | 4,512.15 | 0.12 | 0.14 | 1.77 | 63.69 | 5. Vegetables |
| 30.20 | 1.00 | 1,477.13 | 0.02 | 0.04 | 0.39 | 24.68 | (1) Green leafy |
| 9.96 | 0.09 | 942.45 | 0.01 | 0.01 | 0.16 | 3.12 | (2) Roots |
| 35.86 | 0.58 | 415.41 | 0.04 | 0.04 | 0.44 | 9.48 | (3) Bulbs & tubers |
| 44.47 | 0.77 | 1,676.58 | 0.06 | 0.05 | 0.75 | 26.41 | (4) Flowers & fruits |
| 0.87 | 0.01 | 0.58 | 0.00 | 0.00 | 0.04 | 0.00 | (5) Mushrooms |
| 48.82 | 0.65 | 1,048.30 | 0.07 | 0.13 | 1.12 | 78.03 | 6. Fruits |
| 3.03 | 0.04 | 3.22 | 0.00 | 0.00 | 0.06 | 1.38 | (1) Bananas |
| 1.97 | 0.05 | 12.53 | 0.02 | 0.01 | 0.05 | 2.22 | (2) Pineapples |
| 7.49 | 0.08 | 11.98 | 0.02 | 0.01 | 0.12 | 13.00 | (3) Citrus |
| 6.29 | 0.11 | 230.40 | 0.01 | 0.01 | 0.09 | 4.01 | (4) Melons |
| 30.03 | 0.38 | 790.17 | 0.03 | 0.11 | 0.82 | 57.43 | (5) Others |
| 209.93 | 1.53 | 1,542.09 | 0.60 | 0.29 | 5.78 | 5.62 | 7. Meat |
| 141.28 | 0.94 | 1,366.19 | 0.52 | 0.20 | 2.70 | 1.01 | (1) Pork |
| 13.49 | 0.18 | 6.10 | 0.00 | 0.01 | 0.21 | 0.15 | (2) Beef |
| 2.70 | 0.01 | 1.08 | 0.00 | 0.01 | 0.07 | — | (3) Mutton |
| 51.45 | 0.39 | 168.64 | 0.08 | 0.08 | 2.76 | 4.47 | (4) Poultry |
| 1.03 | 0.01 | 0.09 | — | 0.00 | 0.03 | 0.00 | (5) Others |
| 83.65 | 0.84 | 310.43 | 0.04 | 0.19 | 0.60 | — | 8. Eggs |
| 119.18 | 1.61 | 88.14 | 0.04 | 0.10 | 2.57 | 0.60 | 9. Fish & sea food |
| 87.28 | 0.35 | 68.95 | 0.03 | 0.05 | 2.15 | 0.38 | (1) Fish |
| 6.15 | 0.03 | 1.11 | 0.00 | 0.01 | 0.07 | 0.05 | (2) Shrimps & crabs |
| 10.85 | 0.05 | 0.59 | 0.00 | 0.01 | 0.18 | 0.00 | (3) Cephalopods |
| 9.32 | 0.50 | 4.27 | — | 0.03 | 0.10 | 0.15 | (4) Shell fish |
| 0.45 | 0.01 | 11.13 | — | — | 0.01 | 0.02 | (5) Others |
| 5.14 | 0.67 | 2.08 | 0.00 | 0.01 | 0.06 | 0.01 | (6) Dried (salted) |
| 161.32 | 0.13 | 580.64 | 0.07 | 0.44 | 0.06 | 0.08 | 10. Milk |
| 44.33 | 0.05 | 60.99 | 0.02 | 0.08 | 0.06 | 0.02 | (1) Fresh |
| 107.48 | 0.04 | 498.10 | 0.04 | 0.34 | — | — | (2) Powdered |
| 9.51 | 0.04 | 21.55 | 0.01 | 0.02 | 0.01 | 0.06 | (3) Others |
| 0.72 | 0.00 | 70.85 | — | 0.00 | 0.00 | — | 11. Oils and fats |
| — | — | 10.29 | — | — | — | — | (1) Vegetable |
| — | — | 7.69 | — | — | — | — | a. Soybean |
| — | — | 0.20 | — | — | — | — | b. Peanut |
| — | — | 0.21 | — | — | — | — | c. Sesame |
| — | — | 2.20 | — | — | — | — | d. Others |
| 0.72 | 0.00 | 60.56 | — | 0.00 | 0.00 | — | (2) Animal |
| — | — | 9.25 | — | — | — | — | a. Lard |
| 0.69 | 0.00 | 31.50 | — | 0.00 | — | — | b. Butter |
| 0.04 | 0.00 | 19.81 | — | — | 0.00 | — | c. Others |
| 1,298.87 | 13.86 | 9,069.69 | 1.59 | 1.56 | 16.89 | 160.63 | Grand total (1~11) |
| 48.02 | and animal protein | 48.02 grams | | | | | 12. Wine & beer(reference) |
| | | | | | | | Grand total (1~12) |