

## 7. 每人每日糧食供給量

單位：公克

年別 產品別	民國90年 (2001)	民國91年 (2002)	民國92年 (2003)	民國93年 (2004)	民國94年 (2005)
<b>1. 穀類</b>	<b>245.04</b>	<b>245.88</b>	<b>248.94</b>	<b>248.84</b>	<b>250.65</b>
(1) 米	137.25	136.88	134.39	132.68	133.16
(2) 小麥	90.91	93.00	101.03	103.47	104.00
(3) 玉米	15.29	14.55	12.67	11.28	12.00
(4) 高粱	-	-	-	-	-
(5) 其他	1.60	1.44	0.85	1.41	1.50
<b>2. 薯類</b>	<b>59.32</b>	<b>55.09</b>	<b>57.77</b>	<b>58.65</b>	<b>59.43</b>
(1) 甘藷	6.30	6.36	6.61	5.77	7.03
(2) 樹薯	24.56	20.11	21.39	24.60	21.62
(3) 馬鈴薯	28.43	28.38	29.24	27.87	30.62
(4) 其他	0.04	0.24	0.53	0.41	0.15
<b>3. 糖及蜂蜜</b>	<b>70.36</b>	<b>66.98</b>	<b>73.54</b>	<b>67.26</b>	<b>71.99</b>
(1) 糖	69.82	66.34	72.62	66.56	71.20
(2) 蜂蜜	0.55	0.64	0.92	0.70	0.78
<b>4. 子仁及油籽類</b>	<b>67.65</b>	<b>75.42</b>	<b>76.03</b>	<b>68.51</b>	<b>74.89</b>
(1) 大豆	50.52	53.63	54.97	48.39	54.92
(2) 花生	3.04	4.35	4.06	3.85	3.10
(3) 芝麻	0.79	0.90	0.79	0.97	0.91
(4) 其他	13.31	16.55	16.22	15.31	15.96
<b>5. 蔬菜類</b>	<b>301.53</b>	<b>333.76</b>	<b>308.51</b>	<b>308.03</b>	<b>285.68</b>
(1) 葉菜類	94.39	110.62	101.03	102.95	95.33
(2) 根菜類	29.48	32.15	26.17	26.58	29.15
(3) 莖菜類	93.83	100.26	98.86	98.45	86.50
(4) 花果菜類	82.69	89.22	79.51	76.74	71.02
(5) 菇類	1.14	1.51	2.94	3.31	3.68
<b>6. 果品類</b>	<b>368.18</b>	<b>401.53</b>	<b>392.73</b>	<b>378.75</b>	<b>337.85</b>
(1) 香蕉	19.85	22.23	20.82	18.73	14.57
(2) 鳳梨	46.06	49.31	52.24	53.40	51.32
(3) 柑桔類	51.51	52.22	56.43	61.51	55.71
(4) 瓜果類	50.92	64.39	50.81	47.79	35.29
(5) 其他	199.83	213.38	212.43	197.32	180.96
<b>7. 肉類</b>	<b>209.77</b>	<b>211.59</b>	<b>210.72</b>	<b>213.60</b>	<b>211.29</b>
(1) 豬肉	110.95	110.03	108.16	109.61	107.96
(2) 牛肉	8.47	9.75	10.59	8.57	9.95
(3) 羊肉	3.44	4.19	3.70	4.27	4.44
(4) 家禽肉	85.96	87.00	87.74	90.68	88.43
(5) 其他	0.96	0.63	0.52	0.46	0.51
<b>8. 蛋類</b>	<b>52.70</b>	<b>50.65</b>	<b>50.10</b>	<b>49.15</b>	<b>46.09</b>
<b>9. 水產類</b>	<b>97.12</b>	<b>98.86</b>	<b>109.51</b>	<b>87.36</b>	<b>82.50</b>
(1) 魚類	64.25	68.06	72.88	58.95	52.66
(2) 蝦蟹類	6.36	4.24	5.77	5.75	6.30
(3) 頭足類	12.29	9.84	12.97	5.67	6.24
(4) 貝介類	9.18	10.78	11.79	10.85	12.01
(5) 其他	3.72	3.66	3.31	3.31	2.11
(6) 乾漬	1.32	2.29	2.80	2.83	3.18
<b>10. 乳品類</b>	<b>61.98</b>	<b>64.10</b>	<b>62.52</b>	<b>58.75</b>	<b>55.32</b>
(1) 鮮奶	45.52	46.91	46.45	42.61	40.04
(2) 奶粉	12.43	12.71	11.37	11.08	10.63
(3) 其他	4.03	4.48	4.70	5.06	4.65
<b>11. 油脂類</b>	<b>63.76</b>	<b>68.62</b>	<b>68.81</b>	<b>65.56</b>	<b>71.95</b>
(1) 植物油脂	53.44	57.22	57.55	54.12	59.71
a. 大豆油	39.04	42.74	43.86	39.31	43.96
b. 花生油	0.77	1.10	1.02	0.97	0.78
c. 芝麻油	1.01	1.16	0.82	1.03	1.07
d. 其他	12.62	12.23	11.85	12.81	13.91
(2) 動物油脂	10.32	11.40	11.26	11.44	12.24
a. 豬油	2.34	3.80	3.72	3.26	3.40
b. 奶油	1.74	1.80	1.74	1.85	2.09
c. 其他	6.24	5.80	5.80	6.33	6.75
<b>12. 酒類(毫升)</b>	<b>92.04</b>	<b>66.99</b>	<b>66.73</b>	<b>65.37</b>	<b>61.93</b>

## 7. Per Caput Per Day Food Supply

Units : Gm.

民國95年 (2006)	民國96年 (2007)	民國97年 (2008)	民國98年 (2009)	民國99年 (2010)	Year Category
<b>245.82</b>	<b>242.06</b>	<b>223.63</b>	<b>240.36</b>	<b>229.50</b>	<b>1. Cereals</b>
131.61	130.07	131.24	128.90	126.53	(1) Rice
100.87	98.63	79.67	98.40	89.15	(2) Wheat
11.97	12.17	11.55	11.85	12.48	(3) Corn
-	-	-	-	-	(4) Sorghum
1.36	1.19	1.17	1.22	1.34	(5) Others
<b>64.09</b>	<b>58.22</b>	<b>56.95</b>	<b>60.04</b>	<b>62.34</b>	<b>2. Starchy roots</b>
7.70	6.53	6.90	7.42	6.76	(1) Sweet Potatos
24.31	23.46	22.33	22.41	20.55	(2) Cassava
31.77	27.96	27.43	30.10	34.89	(3) Potatoes
0.30	0.27	0.28	0.12	0.14	(4) Others
<b>66.84</b>	<b>66.17</b>	<b>66.79</b>	<b>69.52</b>	<b>66.07</b>	<b>3. Sugars &amp; honey</b>
66.14	65.62	66.26	69.30	65.20	(1) Sugars
0.70	0.55	0.54	0.22	0.88	(2) Honey
<b>75.26</b>	<b>75.34</b>	<b>64.64</b>	<b>68.87</b>	<b>69.49</b>	<b>4. Pulses and oilseeds</b>
54.21	55.86	48.25	51.32	52.00	(1) Soybeans
4.03	2.89	3.20	3.24	3.66	(2) Peanuts
0.80	0.92	0.66	1.00	1.03	(3) Sesame
16.22	15.68	12.54	13.31	12.81	(4) Others
<b>303.34</b>	<b>284.37</b>	<b>281.85</b>	<b>283.86</b>	<b>286.87</b>	<b>5. Vegetables</b>
102.55	90.37	95.95	100.15	94.88	(1) Green leafy
27.37	26.45	26.46	26.21	26.26	(2) Roots
93.66	96.14	88.41	86.40	91.54	(3) Bulbs & tubers
75.83	67.41	66.81	66.56	69.87	(4) Flowers & fruits
3.92	4.00	4.22	4.54	4.33	(5) Mushrooms
<b>373.15</b>	<b>351.76</b>	<b>342.76</b>	<b>325.82</b>	<b>348.82</b>	<b>6. Fruits</b>
21.50	22.91	21.32	17.59	29.61	(1) Bananas
57.19	53.99	51.57	48.74	47.21	(2) Pineapples
61.92	52.38	62.15	60.50	59.42	(3) Citrus
38.46	33.19	30.15	31.32	32.16	(4) Melons
194.08	189.30	177.58	167.67	180.42	(5) Others
<b>216.29</b>	<b>203.78</b>	<b>198.23</b>	<b>201.98</b>	<b>207.03</b>	<b>7. Meat</b>
109.45	105.73	101.90	104.42	101.57	(1) Pork
10.69	10.44	10.56	11.49	13.44	(2) Beef
4.20	3.84	4.27	3.03	3.54	(3) Mutton
91.84	83.68	81.42	82.95	88.38	(4) Poultry
0.11	0.10	0.08	0.08	0.11	(5) Others
<b>46.87</b>	<b>47.19</b>	<b>45.45</b>	<b>44.95</b>	<b>47.08</b>	<b>8. Eggs</b>
<b>78.18</b>	<b>102.45</b>	<b>94.21</b>	<b>81.86</b>	<b>91.60</b>	<b>9. Fish &amp; sea food</b>
43.57	54.08	42.08	47.16	50.34	(1) Fish
5.73	6.84	8.98	9.25	10.96	(2) Shrimps & crabs
10.51	23.49	20.14	4.13	6.10	(3) Cephalopods
13.68	12.89	16.42	14.72	17.67	(4) Shell fish
2.34	2.95	2.67	2.36	2.42	(5) Others
2.34	2.21	3.91	4.24	4.10	(6) Dried (salted)
<b>57.41</b>	<b>56.04</b>	<b>51.90</b>	<b>55.17</b>	<b>56.73</b>	<b>10. Milk</b>
42.08	41.50	40.40	41.66	43.80	(1) Fresh
10.85	10.46	7.39	8.92	8.47	(2) Powdered
4.48	4.08	4.11	4.60	4.46	(3) Others
<b>64.08</b>	<b>66.81</b>	<b>57.80</b>	<b>60.74</b>	<b>62.15</b>	<b>11. Oils and fats</b>
53.62	55.26	47.33	49.55	50.46	(1) Vegetable
39.09	41.51	34.99	37.20	36.81	a. Soybean
1.01	0.72	0.80	0.81	0.92	b. Peanut
0.89	0.96	0.62	0.99	1.03	c. Sesame
12.63	12.06	10.92	10.54	11.71	d. Others
10.46	11.55	10.46	11.20	11.69	(2) Animal
2.67	2.49	2.14	2.21	2.16	a. Lard
1.73	2.13	1.28	1.45	1.72	b. Butter
6.06	6.93	7.04	7.53	7.81	c. Others
<b>71.28</b>	<b>69.67</b>	<b>67.08</b>	<b>70.59</b>	<b>74.10</b>	<b>12. Wine &amp; beer(ml.)</b>